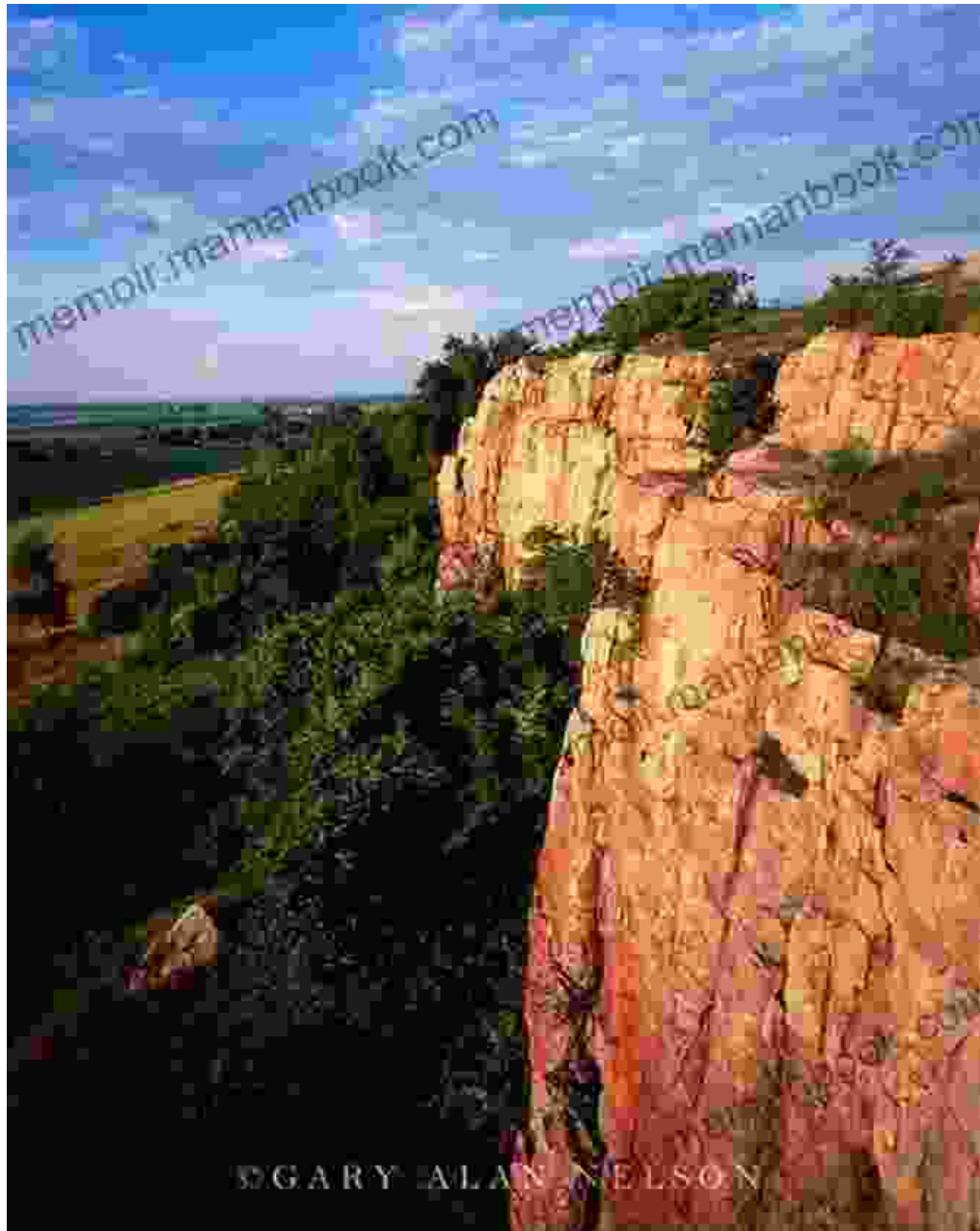


Mom and Dad Jog Spire: A Trail to Inspire Every Wanderer



S.P.I.R.E. Decodable Readers, Set 1B: Mom and Dad

Jog (SPIRE) by Sheila Clark-Edmands

★★★★★ 5 out of 5

Language : English



File size	: 1273 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Print length	: 15 pages
Lending	: Enabled



Nestled amidst the pristine wilderness of Little Cottonwood Canyon, Utah, the Mom and Dad Jog Spire Trail beckons adventurers and nature enthusiasts alike. This captivating trail leads to the iconic Mom and Dad Jog Spire, a pair of breathtaking quartzite cliffs that stand guard over the canyon. The trail offers a perfect blend of scenic vistas, challenging terrain, and a rich tapestry of flora and fauna, making it a must-visit destination for hikers and outdoor enthusiasts.

Historical Significance

The Mom and Dad Jog Spire Trail has a rich history dating back to the early 1900s. The trail was originally established as a route for miners and prospectors seeking gold and silver in the nearby mountains. In the 1950s, the trail gained popularity among hikers and mountaineers who were drawn to its stunning scenery and challenging terrain.

Trail Details

The Mom and Dad Jog Spire Trail is a moderately challenging hike with an elevation gain of approximately 2,500 feet and a total distance of 5 miles round trip. The trail begins at the Willow Creek Trailhead and follows a well-maintained path that ascends through a dense forest of aspen and pine

trees. As the trail climbs higher, the vegetation gives way to alpine meadows adorned with wildflowers and panoramic views of the surrounding mountains.

The highlight of the trail is the final ascent to the Mom and Dad Jog Spire, which requires some scrambling and use of fixed ropes. However, the effort is well rewarded with breathtaking views of the canyon, the towering spires, and the distant peaks of the Wasatch Mountains.

Flora and Fauna

The Mom and Dad Jog Spire Trail is a haven for nature lovers, boasting a wide array of flora and fauna. The lower sections of the trail are home to aspen, pine, and fir trees, while the alpine meadows are ablaze with wildflowers such as lupine, columbine, and Indian paintbrush. Hikers may also encounter a variety of wildlife, including marmots, squirrels, deer, and even the occasional moose.

Accommodation and Camping

For those who wish to extend their adventure, there are several camping options available near the trailhead. Willow Creek Campground offers tent and RV campsites, while Albion Basin Campground provides backcountry camping closer to the trailhead. Backcountry camping permits are required for overnight stays in the Uinta-Wasatch-Cache National Forest.

Safety Precautions

Before embarking on the Mom and Dad Jog Spire Trail, it is essential to take necessary safety precautions. The trail can be challenging, especially during inclement weather, so it is advisable to check the weather forecast before setting out. Hikers should wear appropriate footwear and clothing for

the conditions and carry plenty of water and snacks. The use of trekking poles is recommended for added stability, especially on the steep sections of the trail.

The Mom and Dad Jog Spire Trail is a true gem in the heart of Little Cottonwood Canyon. It offers a challenging yet rewarding hiking experience, with stunning views, diverse flora and fauna, and a rich historical background. Whether you are a seasoned hiker or a nature enthusiast seeking a memorable outdoor adventure, this trail is sure to leave a lasting impression. So gather your gear, embrace the challenge, and embark on a journey to the majestic Mom and Dad Jog Spire.



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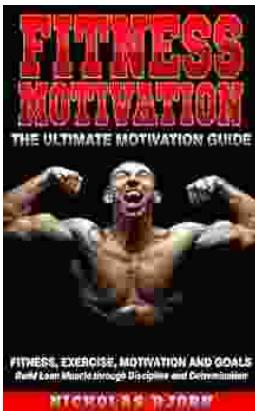
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